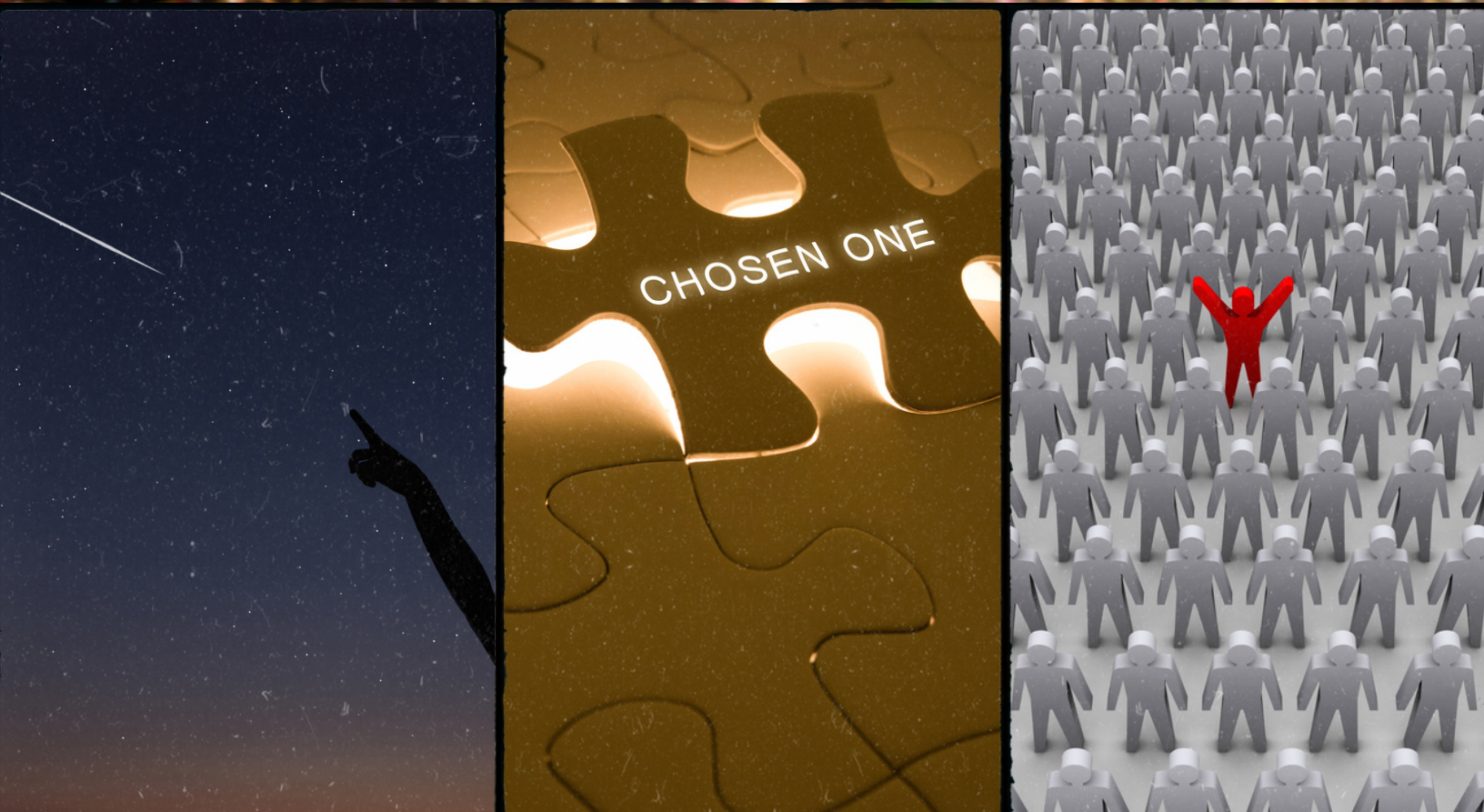


5 WAYS TO KNOW IF YOU'VE BEEN CHOSEN OR A "STARSEED"

"Empowerment for Artists, Creators, and Starseeds"

Mini E-book by
Books & Bangers



5 WAYS TO KNOW IF YOU'VE BEEN CHOSEN OR A "STARSEED"



If you're reading this, I'm going to assume that you have contemplated your uniqueness or have felt that you are an outlier in the world for some time now. Maybe you're already familiar with the term "Starseed."

The term 'starseed' is an umbrella term. It is used to describe a type of spirit or soul that originated elsewhere in the universe and came to Earth to help heal humanity and our planet.

These beings are believed to come from all over the galaxy. Upon being born into a human body, they forget their past life and mission.

Despite this amnesia, many of us still show signs and feelings of knowing we were born for something greater. It is probably safe to assume you have felt this too! Maybe you've felt that you don't identify with humans in general. Sometimes the politics and things humans complain and argue about seem senseless because they are so misaligned about what it really means to be human - to feel, to create, to be free, to be independent and unbounded.

So what are some of the signs which may indicate you are, in fact, a Starseed?

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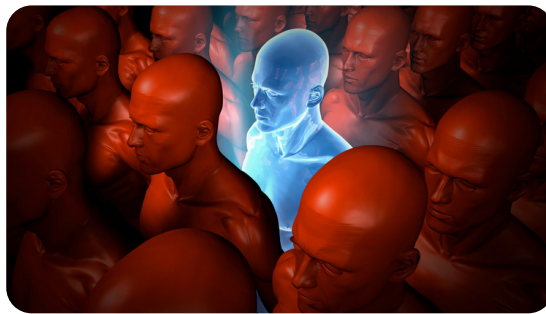
1. Starseeds Have A Strong Sense of Empathy

Often Starseeds are regarded as being overly sensitive. To energy, to emotions in others, and to lights, sound, and large crowds of people. Anything with high levels of energy or "thermogenic" transfers can have a strong effect on us. Sometimes this sensitivity feels like heart palpitations and anxiety. Sometimes it is a digestive issue. It can also be a general sense or "cloud" of uneasiness.

This heightened level of empathy we experience means we can read people and situations easily-like we are a receptacle. We tend to be aware of what and how someone is speaking.

When people try to hide their intentions or feelings, a Starseed will nearly always be able to work out what is really going on. A Starseed will also notice if someone's base energy is different.

This tends to happen subconsciously, but as you lean more into being a Starseed, you can sharpen your ability to perceive and cultivate your intuition.



2. Starseeds Stand Out

Whether it is at home or mingling in personal or professional groups - people may have said that "there is something different about you." Starseeds tend to radiate or glow without trying and elicit compliments, stares, or random interest.

As Starseeds, we often think differently than others about the world and its inhabitants. Where some see a political issue, we may see a heart or character issue. Where some see risk, we see opportunity.

This can often leave us feeling like outcasts or outliers on the edge of groups--we struggle to relate to others and their experiences.

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3. Nearly All of Starseeds Are Stargazers

As Starseeds are believed to be extraterrestrial beings and spiritually-inclined, it isn't surprising that many of us end up obsessed with the stars and the notion of lifetimes. Whether it is simply gazing into the sky admiring their beauty or longing to go "out there."

Some even find that they feel more at home dreaming amongst the stars than on Earth.

Our consciousness may forget where we come from, but our soul does not!



4. Many Starseeds Have A Way with Animals And Children

Many Starseeds will find that they have a way with both animals and children. Whether they like them or not.

If you are a Starseed, you may find animals or babies will always come to you, even if other people call them over.

Or while out walking in nature, you may notice the birds and other wildlife seem at ease with you. You may even make eye contact with some animals and find yourself in silent agreement with them. These can be strong signs you are a Starseed!



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5. Starseeds Often Find Ourselves Dissatisfied with Status-Quo and Day-to-Day Life

Starseeds will often struggle to understand the typical 'school-job-family-die' way of living that many people are content with. Some of us may respect it as a personal choice. Simultaneously, other starseeds may openly and verbally disagree with the prevalence of 'school-job-family-die' programming because we truly do not understand. Or perhaps programming indicates soul-death.

Despite forgetting our mission, we still know we should be doing something. We have a deep sense of knowing that we are different and tend to be attracted to people that non-starseeds would call "eccentric" or "peculiar."

These are 5 reasons that may indicate you are a Starseed. Though this is just a handful of traits, they are a great start in figuring out if you are indeed a Starseed and why you feel so different. It's because you are.



Remember that Starseed is just a label, and it's your responsibility to design and sustain a life that is worth living to you.

I hope you find this e-guide helpful to smashing your goals!

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